

Additional resources

Listed below are some of the latest resources available to employers in planning and implementing a work/life program. This list is not meant to be comprehensive, but serves as a sample of the range of publications, newsletters and resources available on a variety of topics.

Bookman, Ann; Furia, Karen. 1995. *Care Around the Clock*. Washington, DC: US Department of Labor, Women's Bureau. 32 p.

A report on the need for, and availability of child care for parents working nontraditional hours.

EBRI Databook on Employee Benefits. 1995. Washington, DC: Employee Benefit Research Institute. 763 p.

Detailed facts and statistics. Examines benefit coverage, financing and cost issues, demographic data, etc.

Galinsky, Ellen; Bond, James; Friedman, Dana. 1993. *The Changing Workforce: Highlights of the National Study*. New York: Families and Work Institute. 104 p.

Key findings and implications of employees' work and personal needs and employers' workplace goals.

Galinsky, Ellen; Friedman, Dana; Hernandez, Carol. 1991. *The Corporate Reference Guide to Work-Family Programs*. New York: Families and Work Institute. 437 p.

"A benchmarking tool for companies to use as a way to compare their [work-family] policies with others, ...case studies of the four most family friendly companies... comparative analysis of 188 companies."

Galinsky, Ellen; Bond, James. 1998. *The 1998 Business Work-Life Study: a Sourcebook*. New York: Families and Work Institute. 103 p.

Surveys a representative sample of for-profit and not-for-profit companies with 100 or more employees.

Pitt-Catsoupes, Marcie. 1997. *The Link: a Practical Guide to Conducting a Work/Life Workplace Assessment*. Chestnut Hills, MA: Center for Work and Family, Boston College. 67 p. accompanied by exercise worksheets and assessment recording sheets in a folder.

"Will help you gather and analyze information about your organization using a systematic process...a comprehensive set of activities that you can customize to your company's situation." Valuable tool.

Reframing the Business Case for Work/Life Initiatives. 1998. New York: Families and Work Institute. 26 p.

Examines bottom-line arguments re searching for strategic ways to implement work/life initiatives.

Rose, Karol. 1993 and updates. *Work and Family: Program Models and Policies*. New York: Wiley. Various pages.

Provides useful information and specific guidelines for those responsible for work/life policies in companies and organizations. Valuable tool.

Sher, Margery; Fried, Madeline. 1994. *Child Care Options: a Workplace Initiative for the 21st Century*. Phoenix, AZ: Oryx. 197 p.

Everything you need to know about planning and managing a child care facility, including why business should be involved in child care, potential pitfalls, legal and liability issues, and overcoming obstacles.

Shore, Rima. 1998. *Ahead of the Curve: Why America's Leading Employers Are Addressing the Needs of New and Expectant Parents*. New York: Families and Work Institute. 103 p.

The rising number of employed parents with young children and recent findings on the importance of a young child's brain development are discussed. Includes brief case studies of best practices.

Wheeler, Michael; Zacklin, Dana. 1993. *Work-Family Roundtable: Partnerships and Consortia*. New York: The Conference Board. 11 p.

Brief statistical survey of 101 companies followed by an enumeration of lessons learned.

Why Child Care Matters: Preparing Young Children for a More Productive America. New York: Committee for Economic Development. 70 p.

Policy piece looking at high quality child care as a benefit to society.

Serials

National Report on Work and Family

Monthly. \$497/yr.

1.800.274.6737 or www.bpnews.com

Work & Family News Brief [and] Trend Report

Monthly. \$295/yr.

1.800.487.7898 or www.workfamily.com

Websites

www.familiesandwork.com
Families and Work Institute

"The Families and Work Institute is a non-profit organization that addresses the changing nature of work and family life. We are committed to finding research-based strategies that foster mutually supportive connections among workplaces, families, and communities."

www.workfamily.com
Work & Family Connection

"A must for people who want to stay up with what's going on in the field." Some information available for subscribers only.

www.centerforworkandfamily.com
Center for Work and the Family

"Established to provide supportive services at the workplace to help employees cope with the combined responsibilities of work and personal life."

www.workfamilydirections.com
WFD/Work/Family Directions

"WFD's services help companies achieve measurable business results. Because employees become more committed when companies recognize that their needs outside of work affect their ability to produce. Company actions to address them may include a variety of supports to employees at the workplace."

www.wfbenefits.com
Work & Family Benefits, Inc.

"Dedicated to the transformation of employee benefits to meet the needs of today's workforce. Employers of any size can invest in productivity and give employees convenient access to real solutions."

www.childcare-experts.org
Child Care Experts National Network

"Developed to help parents and employers access information about child development, child care, family supports, and dependent care resources from local experts. The network will connect you to community-based resource and referral agencies."

nccic.org
National Child Care Information Center

"NCCIC has been established to complement, enhance and promote child care linkages and to serve as a mechanism for supporting quality, comprehensive services for children and families."